



September Newsletter



Fall is officially here, and **Mass Motion Dance Studios** is buzzing with excitement! Our studios are back in full swing, and we love seeing so many smiling faces filling the floors. As we leap into the new year, we want to make sure your family has everything you need for a smooth and successful season. Below, you'll find important updates regarding class schedules, studio policies, and upcoming events.

In This Newsletter:

- Important Links
- Medfield Day
- Adult Classes
- BLAZE Hot Studio

Important Links

[Annual Studio Calendar](#)

[Dress Code](#)

[Parent Portal Link](#)



Medfield Day

The countdown is on for our first big event of the season! Our Intensive Students are ready to light up the stage on **Saturday, September 26th at 1:15 PM** for our annual **Medfield Day Performance!** Come cheer them on, feel the energy, and celebrate the start of a fantastic year. Don't forget to swing by and say hello—you can find us right in the heart of the action at **Booth #24**

Adult Classes

Starting this **October**, Mass Motion Dance Medfield is bringing back some exciting **adult dance classes** designed for all experience levels. Whether you are looking to dust off your old dance shoes, try something completely new, or add a fun, high-energy workout to your weekly routine, we have a spot saved for you in the studio. Stay active, connect with a fantastic community, and discover the joy of movement in an encouraging and supportive environment. Class descriptions can be found in your studio portal, just remember to add YOURSELF as a student! Register through your [parent portal](#).

Jazz, Fun & Fitness: Mondays, 6:00-7:00pm

Tap: Tuesdays, 6:00-6:45pm

Dance Fitness: Thursdays, 6:30-7:30pm

Drop-In Classes: \$25 per class

10-Class Package: \$200

MASS MOTION DANCE MEDFIELD

120 North Meadows Road, Medfield, MA 02052

ADULT DANCE

Designed for beginner and intermediate dancers who want a **fun, inspiring, and zero-pressure** environment.

Whether you want to brush up on your technique or try something completely new, these classes offer the perfect mix of **fitness, artistry, and community.**

\$25
Drop-In
Classes
OR
10-
Classes
for \$200



Jazz, Fun & Fitness

Mondays:
6:00-7:00pm



Tap

Tuesdays:
6:00-6:45pm



Dance Fitness

Thursdays:
6:30-7:30pm

massmotiondance.com/medfieldadultdance



BLAZE

HOT STUDIO

BLAZE Hot Studio

We're so excited to introduce our new partnership with BLAZE Hot Studio, a brand-new heated pilates, yoga, and strength studio opening in our space this October! BLAZE will be taking over the former Burning Wheel Yoga studio. We will now have access to that room for classes in the evening!

Blaze was founded by Alli and Kim Meehan to bring an energizing, powerful, and motivating fitness experience to our local community. Classes will combine, strength, intensity, and heat to help you feel stronger, more confident, and accomplished every time you walk out the door.

Whether you're brand new to fitness, looking to switch up your current routine, or ready to challenge yourself in a whole new way, there's a place for you at Blaze! Their goal is to create a community where people can show up for themselves, work hard, have fun, create meaningful relationships and feel supported along the way.



Star Dance School

We are also excited to welcome Star Dance School, to the Mass Motion community in Medfield. Owned by Peter Gelzhinsky, Star Dance School specializes in Ballroom and Latin dancing for both kids and adults, offering opportunities to dance socially, build confidence, learn new skills, and compete at every level. Whether students are taking their first steps onto the dance floor or working toward competitive goals, Star Dance School creates a welcoming, fun environment where dancers can grow, connect, and enjoy the joy of movement. Peter has been growing his studio in Brighton (not far from our Boston Location) for 15 years and is excited to join this new community. Feel free to view our [SCHEDULE](#) and [CONTACT US](#) if you have any questions.

Mass Motion Dance Studios is the proud recipient of...

STUDIO OF EXCELLENCE (Turn It Up Dance Challenge)

STAND OUT STUDIO (The Royal Dance Competition)

EMPOWERMENT THROUGH ARTISTRY (The Royal Dance Competition)

EMERGING ARTIST AWARD WINNER (The Royal Dance Competition)

Award Winning Member of the ASSOCIATION OF DANCE STUDIOS & CONVENTIONS

Mass Motion Dance Medfield | 120 North Meadows Road | Medfield, MA 02052 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!